Unit n	Unit no: 210 (Cat 1.2) Unit title: Prepare Self to Handle and Prepare Food								
Guidance: For this unit the correct personal protective clothing (list below) and the correct washing									
facilities must be available. Learning Outcome: The candidate will be able to:									
Learn	5								
	Prepare themselves for handling and preparing food correctly and safely								
Asses	sso	r Initi	ials/E	Date					
							Ľ₿		
				Prac	tical Evidence				
					Wash and dry hands th	oroughly			
						owing items of personal pro	tective clothing:		
					-				
					- Hair net				
					- Hat or cap				
					- Apron				
					- Safety boots or shoes				
					Put on items of personal protective equipment				
					Remove and store pers	sonal protective clothing			
					Wash and dry hands the	oroughly			
I	1			۲	Knowledge Evidence (evide	ence of answers given to be	recorded in portfolio)		
					A reason for wearing a hair net				
					A reason for wearing a hat or cap				
					A reason for wearing an apron				
					A reason for safety boots or shoes				
					A reason for washing an	nd drying hands thoroughly			
DECL	DECLARATION – The Learning Outcome has been achieved by satisfactory performance of all the components listed above								
Date of all assessments completed for this unit:									
Name of Assessor					Signature of Assessor	Name of Candidate	Signature of Candidate		

	it no:	•	Cat 2.2)		-		Equipment a			
	idance ist be av			itchen	equipment, utensils (lis	st below) and	suitable kitch	en protective clothing		
	arning C			• -	The candidate will be at	ole to recom	ise eight item	s of kitchen equipment		
LCC	arning C	Juicon	ne.		and utensils correctly ar		ise eigni items	s of kitchen equipment		
As	sessor	Initia	ls/Date							
								ı Å		
				Practic	cal Evidence					
					Wash and dry hands the	proughly				
					Recognise and wear pe		ctive clothing			
					Recognise eight items	•		ipment and utensils		
					(identify which 8 items v					
				l	tem 1:		- weighin	g scales		
				l	tem 2:		- knives			
				L.	tem 3:		- forks - spoons			
							- food pro			
					tem 4:		- microwa			
				li	tem 5:		- grater	oded chopping board		
				li	tem 6:		- tin open	er		
				lt	tem 7:		- peeler - juicer			
				l	tem 8:		- garlic pi	ress		
					Recognise where each	item is store				
				Use each item to perform a task						
					Store each item safely					
					Remove and store/dispo	ose of perso	nal protective o	clothing		
					Wash and dry hands the					
					edge Evidence (evider		ers given to be	recorded in portfolio)		
				• /	A reason for recognising	g kitchen equ	uipment and ut	ensils correctly		
				A reason for storing each item in its correct place						
				A reason for wearing personal protective clothing						
				A reason for washing and drying equipment after use						
DE	CLARA				g Outcome has been ad sted above	chieved by s	atisfactory perf	ormance of all the		
Dat	te all as	sessn			d for this unit:					
	Name o				ignature of Assessor	Name of	Candidate	Signature of Candidate		
					<u> </u>					

Unit	Unit no: 212 (Cat 3.2) Unit title: Clean a Work Area											
Guidance: For this unit cleaning equipment and materials (list below) and a work area must be available.												
For the practical the candidate will need to wash and store the cleaning equipment.												
Lea	Learning Outcome: • The candidate will be able to clean a work area correctly and safely											
Ass	esso	r Init	ials/D	ate								
									≛. ו			
	L	1		F	Pract	tical Evidence						
					Recognise and wear personal protective clothing							
					٠	Recognise both of the t	ollowing wor	rk areas:				
						- Floor						
						- Sink						
					•	Recognise cleaning equ	uipment <i>(state</i>	e which (<u>at lea</u>	<u>st</u> 4)were used): :			
						Equipment:		Dura				
								- Broc - Mop				
								- Buck				
									pan and brush			
								- Brus				
								- Clot	ns			
					•	Recognise both of the f	ollowing clea	aning materials	5:			
						- floor cleaner						
					- sink cleaner							
					Dispose of waste materials safely							
						Wash and store cleaning equipment safely						
			Remove and store/dispose of personal protective equipment									
					•	Wash and dry hands						
				ł	(nov	vledge Evidence (evide		-	recorded in portfolio)			
					•	A reason for wearing pe	-					
					A reason for recognising work areas							
					A reason for recognising cleaning equipment							
					A reason for recognising cleaning materials							
					•	A reason for disposing	of waste mat	erials correctly	and safely			
DECLARATION – The Learning Outcome has been achieved by satisfactory performance of all the components listed above												
Date all assessments completed for this unit:												
1	Name of Assessor					Signature of Assessor	Name of	f Candidate	Signature of Candidate			

Unit	no:	213 (C	at 4.2)		Unit title: Clea	n Vegetables			
						ective clothing and cleanin vash and store the cleaned			
Lear	ning O	utcome	e:	•	 The candidate will be able to recognise and clean four different vegetables correctly and safely 				
Ass	essor I	nitials	/Date						
							۲Ę		
			I. I.	Pract	ical Evidence				
					 Wash and dry han 				
					 Recognise four vertication 	getables and how to clean	vegetables by:		
					- Washing				
					- Scrubbing				
					Recognise and wear personal protective clothing				
					Collect equipment and utensils				
					Clean vegetables				
					Store cleaned vegetables				
				•	 Dispose of waste r 	naterials safely			
				•	Clean work area				
					Clean equipment and utensils and return to store safely				
•					· · · · · · · · · · · · · · · · · · ·				
					Wash and dry han				
					- ·	ence of answers given to b	e recorded in portfolio)		
					A reason for cleaning vegetables				
					 A reason for storing cleaned vegetables A reason for disposing of waste materials correctly and safely 				
					 A reason for disposing of waste materials correctly and safely A reason for cleaning a work area 				
			T I - I			•	forman of all th		
DEC	LAKA				Outcome has been ac ed above	chieved by satisfactory per	formance of all the		
Date	all ass				for this unit:				
					nature of Assessor	Name of Candidate	Signature of Candidate		

Unit	Unit no: 214 (Cat 5.2) Unit title: Store Bread and Ingredients											
Guidance: For this unit a selection of bread products, ingredients (list below) and a refrigerator must be												
available. For the practical, the candidate will need to store bread products and ingredients correctly.												
Learning Outcome: The candidate will be able to store bread and product ingredients correctly and safely												
٨٥٩	0550	r Initi	ials/D	lato								
A99	6330		a15/L									
					📥 Σ L N							
				F	Practical Evidence							
					Wash and dry hands thoroughly							
					Recognise and wear personal protective clothing							
					Recognise all of the following							
					- baguettes							
					- bread rolls							
					- sliced bread							
		1			Product all of the following ingredients:							
					- butter							
					- butter substitutes (spread/ margarine)							
					- fillings							
					- dressings							
					- relishes							
					Recognise all of the following:							
					- Refrigerator							
					- Temperature gauge							
					- Thermometer							
	- Correct temperature											
		Store bread and product ingredients safely										
					Remove and dispose of personal protective equipment							
					Wash and dry hands							
				۲	Knowledge Evidence (evidence of answers given to be recorded in portfolio)							
					A reason for recognising bread products							
					A reason for recognising product ingredients							
					A reason for recognising a refrigerator and its components							
					A reason for storing bread and bread products correctly							
					A reason for maintaining correct refrigerator temperature							
DEC	DECLARATION – The Learning Outcome has been achieved by satisfactory performance of all the components listed above											
Date	Date all assessments completed for this unit:											
Name of Assessor					Signature of Assessor Name of Candidate Signature of Candidate							
	vanie		00000									