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## **The Directory**

a guide to activities, involvement, learning, work, voluntary work and funding.





### October 2007

Created by Fiona Ras and designed by Anthony Irtelli







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### Introduction



This directory was created by BHT with the aim of opening up opportunities to adults who have experienced homelessness to ensure that they can make well informed decisions on how they can use their time.

The directory has been created for the use of people who have experienced homelessness and the workers who support them. It provides information on activities, service user involvement, learning, work programmes and support, voluntary work, and funding. In addition there is an index at the back of the directory listing organisations working with people who have specific support needs i.e. learning difficulties, mental health, disabilities, etc.

BHT is an organisation working with homeless men and women. We recognise that in order to combat homelessness it is vital that we create opportunities and promote change. National research and our own experience has demonstrated that when people engage in activities, learning and work they are more likely to succeed in establishing a sustainable and fulfilling lifestyle.

With this in mind BHT have not only created this directory but have developed many activity, work and learning programmes for homeless men and women:

#### **First Base Arts Project**

#### Contact Dominique De-light on 01273 326844

First Base Arts Project offers a range of groups and programmes in a variety of different mediums ranging from photography, film, writing, drama, and emceeing as well as literacy, numeracy and IT skills. Links with local galleries, Brighton Museum and Brighton Festival will allow participants to exhibit their work.

#### First Base Catering Training Project Contact Jocelyn Dodgson on 01273 326844

First Base Catering Training Project offers training towards working in the catering industry. Training is offered in cooking, menu planning, budgeting, food preparation, health and safety as well as the Food Hygiene Certificate.

#### First Base Work and Learning Contact Heather Platt on 01273 326844

First Base Work and Learning provides regular learning and training opportunities e.g. communication skills, budgeting, health, independent living and is linked with the First Base Arts Project. An IT room is available for service users to learn IT skills, access email etc.

#### **Learning Links**

#### Contact Fiona Ras, Matthew Allen, or Dave Adamson on 01273 603846

BHT Learning Links comprises 3 modules: a two week Foundation for Learning programme (including time management, anger management, communication skills, IT skills etc), accredited courses at City College and work placements within BHT and other organisations. Support is available through each stage.

#### 04

### Introduction

#### Peer 2 Peer

#### Contact Jim Keohan on 01273 645435 or Justin Parker on 07970 861884

A programme set up for people in band 4 accommodation to exchange support, life skills and experience.

#### Phase One Training Programme

#### Contact Dave Adamson on 01273 328285

This is a rolling programme of training and meaningful activity for hostel residents, covering areas of learning to enable residents to move on from the hostel environment.

#### Service User Involvement Consultancy Contact Anthony Irtelli on 07775 724799

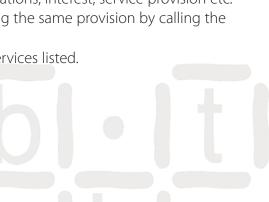
A project established to encourage service user involvement within BHT that supports and trains service user representatives and consultants.

The Directory was created by **Fiona Ras** (Learning Links Co-ordinator) and designed by **Anthony Irtelli** (Service User Involvement Project Officer)

This directory was created through the author's research but also used contributions of the following existing directories and information services: Brighton and Hove City Council, Jubilee Library, ESCIS, Mind, Active for Life. Research for the Service User Involvement section was carried out by service users within the BHT Service User Involvement Consultancy.

#### Note

- 1) This directory is not comprehensive as there are so many "things to do" it would be difficult to list them all in one directory. If your organisation is not listed here or there are errors please could you email (fiona.ras@bht.org.uk) for inclusion in our next updated edition.
- 2) Courses and programmes change due to funding limitations, interest, service provision etc. Please check that the service is still running and offering the same provision by calling the organisation before taking further action.
- 3) This is a directory and not a recommendation of the services listed.







### Activities

For a comprehensive list of sport and leisure activities check the following websites. There are so many clubs, organisations and providers that it is recommended you access these comprehensive websites as only examples are provided in this section.

#### General hobbies, leisure and sport

www.escis.org.uk/Directory/All\_local\_areas/Leisure/Sport\_and\_Hobbies

#### Leisure and sport

<u>www.activeforlife.org.uk</u> They also provide a free booklet

Below is a list of example activities that can be found on the above websites.

#### Bike for Life

Promoting cycling, through cycle training and other activities, as an inclusive, healthy, environmentally friendly and sustainable activity that can be enjoyed by most people of any age.

5 Titian Road, Hove, BN3 5QR

#### **B&H Archaeological Society**

Lectures on archaeology and local history, excavations and other fieldwork. Objectives: promoting study and ensuring proper recording and preservation of local antiquities and relics.

19 Shirley Street, Hove, BN3 3WJ

#### **Brighton and Hove Camera Club (BHCC)**

An amateur camera club to promote photography as a form of personal expression, including darkroom and digital methods.

The English Language Centre, Salisbury Road (off Palmiera Square), Hove

#### Clowd 9

A community arts group - bringing people together to improve the area through creating art. They are at the Manor Hill Shop on Monday mornings. **39 Manor Hill, Whitehawk, Brighton, BN2 5EL** 

#### **Evolution Arts and Natural Health Centre**

Offers natural health courses, arts courses and alternative therapies. 2 Sillwood Terrace, Brighton, BN1 2LR

#### G.T. Club

An independent social club for people with a learning difficulty run by people with a learning difficulty. Organises social activities at the Vale Park Scout Hut, St Andrews Road, Portslade, every other Tuesday from 7-9pm.

c/o Interact, 372 - 374 Portland Road, Hove, BN3 5SD



#### **01273 729979** *y*, environmentally

#### 01273 739641

www.bikeforlife.org.uk

www.brightonarch.org.uk

www.bhcc-online.co.uk

01273 687700

01273 204204

01273 233193

www.evolutionarts.co.uk

### Activities

#### Hove YMCA

Providing sports and activity clubs for 5 - 18 year olds 17 Marmion Road, Hove BN3 5FS

#### **Krazy Kat Theatre Company**

Performances and workshops for all ages and abilities, making shows for children which adults enjoy and shows for adults which children delight in. Theatre for fun, education and personal development. 173 Hartington Road, Brighton, BN2 3PA

#### **Preston Park Day Centre**

A day centre for adults with mental health issues that provides therapeutic groups and activities. 18 Preston Park Avenue, Brighton, BN1 6HL

#### **Moulsecoombe Forest Garden & Wildlife Project**

An allotment project focusing on increasing healthy organic eating in the community. Providing work day opportunities in exchange for fruit and vegetables. Every Tuesday and Friday from 10am – 3pm. Next to Moulsecoomb train station www.seedybusiness.org

#### **Satellite Services**

Adult education classes and drop-in groups for people with mental health difficulties in areas such as arts, cookery, languages, life skills etc.

www.sussexpartnership.nhs.uk

#### Spiral

Organise sports and social clubs for people with learning difficulties. 80 Buckingham Road, Brighton BN1 3RJ http://www.spiralsussex.org.uk

#### **Whitehawk Community Centre**

Provide many social clubs including a club night for people with learning difficulties. Whitehawk Road, Brighton BN2 5GD

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http://www.hoveymca.org.uk/youth

www.krazykattheatre.co.uk

01273 707656

01273 565049

#### 01273 673792

01273 295180

#### 01273 692552

01273 749500



### Involvement

The following is a list of organisations, forums and groups that provide involvement opportunities for service users across the city. Providing service users with a voice, these range from helping providers to improve services through to influencing regional policies.

#### **BHT Service User Involvement Consultancy**

For people that are using or have used BHT services. Provides training and support in enabling people to have a voice and influence how their services are run, produces its own magazine, 'Express' and forums and events to which a wide range of providers are invited by the service users.

#### 80 - 81 Marine Parade, Brighton, BN2 1AJ

Interact

Brighton & Hove user forum for people with a learning difficulty. Information, training, self-advocacy & user conferences - supporting rights, choice, independence & inclusion for service users. Info shop in Portland Road.

372-374 Portland Road, Hove, BN3 5SD

#### Homemove

The Homemove team organises meetings with service users quarterly to get feedback from service users about how the council's housing allocation bidding system is working. The meetings are not for discussion of individual cases.

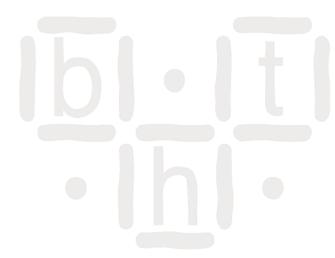
www.homemove.org.uk

#### **The LiVE Session**

A quarterly open forum providing people with mental health support needs the opportunity to speak with senior management of local statutory services such as the local NHS trust and the Primary Care Trust. The agenda for this forum is set by service users.

The Allen Centre, 60 Sackville Gardens, Hove, BN3 4GH

### www.mindcharity.co.uk/servicesuser



### 07775 724799

#### www.bht.org.uk

01273 422971

#### 01273 293121

### Learning

This section provides information about organisations that offer learning opportunities. Sub sections are; Short courses, Skills for life, IT training, ESOL, self-development courses, training providers, colleges and university.

### Websites

If you are looking for a specific course these websites allow you to search by course; (they may not be completely comprehensive, please use in conjunction with this directory and other information sources).

#### **Brighton and Hove Learning Partnership**

#### Learn Direct

**Hot Courses** 

#### **Short courses**

See also Colleges and Universities section for additional short courses.

#### **Bridge Community Centre**

An adult education centre offering a variety of short and longer courses including NVQ training in Catering and Level 1 Introduction to Counselling, IT, ESOL and more. Bridge Community Education Centre, Lucraft Road, Moulsecoomb, Brighton, BN2 4PN

#### **Brighton Permaculture Trust**

Runs Introduction to Permaculture plus a 72 hour design course 'Building Sustainable Communities' as well as Green Architecture Day and various short workshops. www.brightonpermaculture.co.uk

92 Stanmer Park Road, Brighton, BN1 75H

#### **Brighton Unemployed Families Centre**

Free and low cost courses in literacy, languages, healthy living, arts personal development and more. Free crèche.

6 Tilbury Place, Brighton

#### CCE

Provides flexibly university courses and short courses in a variety of subjects. Centre for Continuing Education, The Sussex Institute, Essex House, University of Sussex, Falmer, Brighton, BN1 9QQ

www.sussex.ac.uk/cce

http://bhlp.org.uk

www.learndirect.co.uk

www.hotcourses.com

#### 01273 671213

#### 01273 294930

### 07092 303953

01273 877888

www.bucfp.org

#### **CSV Media Clubhouse Brighton**

Radio and TV training, public speaking, computers, creative labs and courses to get into the media. Courses range from day courses to NVQ level 3 training and City and Guilds.

CSV Media Clubhouse, BBC Broadcasting House, 40-42 Queens Road, Brighton, East Sussex, BN1 3XB

#### **Arts and Natural Health Centre**

Offers natural health courses, art courses and alternative therapies. 2 Sillwood Terrace, Brighton, BN1 2LR

#### **First Base Arts Project**

Provides short courses at First Base Day Centre in ceramics, creative writing, emceeing and more. First Base, St Stephens Hall, Montpelier Place, Brighton, BN1 3BF www.bht.org.uk

#### Mind

Offers courses to people with mental health issues in self development and general adult education. 79 Buckingham Road, Brighton, East Sussex, BN1 3RJ www.mindcharity.co.uk

#### **Phoenix Arts**

Arts Charity supporting a gallery, education programme and artists studios. 10 - 14 Waterloo Place, Brighton, BN2 2NB

#### **University of the Third Age: Brunswick Westward (U3A)**

Community education group for the over 50's not in full-time work. Study groups in peoples houses run by volunteers. 38 Hovedene, Hove, BN3 3EH

#### **Workers Educational Association: Brighton (WEA)**

Adult Education. WEA Southern Region 57 Riverside 2 Sir Thomas Longley Road, Rochester, ME2 4DP

www.phoenixarts.org

01634 730101

01273 204204

www.evolutionarts.co.uk

01273 326844

01273 749500



01273 720894

01273 726521

www.wea.org.uk

### Learning

### Skills for Life (Literacy and Numeracy)

See also; colleges for literacy and numeracy courses.

#### **AM:PM IT Services**

Learndirect centre offering online courses in IT, literacy and numeracy. Tower Point, 44 North Road BN1 1YR

#### **Bridge Community Centre**

An adult education centre offering a variety of short and longer courses including NVQ training in Catering and Level 1 Introduction to Counselling, IT, ESOL and more.

Bridge Community Education Centre, Lucraft Road, Moulsecoomb, Brighton, BN2 4PN

#### **Brighton and Hove Albion study support centre**

Provides literacy, numeracy, computer courses and Sport BTEC and Foundation Degree. Albion In The Community, Brighton & Hove Albion Football Club, Tower Point, 44 North http://www.albioninthecommunity.org.uk/adult-education Road, Brighton, BN1 1YR

#### **Brighton Unemployed Families Centre**

Free and low cost courses in literacy, IT, languages, healthy living, arts personal development and more. Free crèche.

6 Tilbury Place, Brighton

#### **Friends Centre**

Provide a variety of taster courses and accredited courses in areas such as literacy, numeracy, yoga, ESOL, life studies, Certificate in Adult Learner Support and more. 23 Vine Street, Brighton BN1 4AG

#### **Futures Training Centres Ltd**

Learndirect online courses in literacy and numeracy, IT and ESOL. Futures Training Centre, 44-46 Old Steine BN1 1NH

#### **Rewards TRC - Brighton Office**

Learndirect online courses in literacy and numeracy. Mitre House - First Floor, 149 Western Road BN1 2DD

#### SIGTA Ltd

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Learndirect centre offering online courses in literacy, numeracy, IT, NVQ level 2 in Health and Social Care and Administration.

#### 26 Abinger Road, Portslade BN41 1RZ

www.sigta.co.uk

#### www.bucfp.org

#### 01273 689265

http://www.friendscentre.org

01273 731730

www.futures-training.net

01273 739028

01273 416989

www.rewards-trc.co.uk

01273 671213

#### 01273 600262

www.ampmittraining.co.uk

01273 294930

#### **Tomorrow's People**

#### Provides basic skills training (literacy and numeracy) and English as a foreign language for 16 - 18 year olds. Tomorrow's People, Wenlock House,

41/43 North Street, Brighton BN1 1RH

#### **Step by Step**

Provides literacy and numeracy training for homeless people on a one to one and group work basis both at the Friend's Centre and in hostels.

23 Vine Street, Brighton BN1 4AG

#### Whitehawk Inn Training Centre

Provides a variety of short courses and training programmes including, introduction to counselling, literacy, numeracy and IT.

Whitehawk Inn, Whitehawk Road (next to bus garage), Brighton, BN2 5NS

#### www.tomorrows-people.org.uk

#### 01273 689265

01273 722607

#### www.friendscentre.org

www.whitehawkinn.org.uk

# bl.iti



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### Learning

### **IT Training**

See also; colleges for IT training.

#### **AM:PM IT Services**

Learndirect centre offering online courses in IT, literacy and numeracy. Tower Point, 44 North Road, Brighton, BN1 1YR

#### **Bridge Community Centre**

An adult education centre offering a variety of short and longer courses including NVQ training in Catering and Level 1 Introduction to Counselling, IT, ESOL and more.

Bridge Community Education Centre, Lucraft Road, Moulsecoomb, Brighton, BN2 4PN

#### **Brighton and Hove Albion study support centre**

Provides literacy, numeracy, computer courses and Sport BTEC and Foundation Degree. Albion In The Community, Brighton & Hove Albion Football Club, Tower Point, 44 North Road, Brighton, BN1 1YR www.albioninthecommunity.org.uk/adult-education

#### **Brighton Unemployed Families Centre**

Free and low cost courses in literacy, IT, languages, healthy living, arts, personal development and more. Free crèche.

6 Tilbury Place, Brighton, BN2 0GY

#### Chinese Eduction and Development Project

Runs EDCL and ESOL for black and minority ethnic background and anyone interested in diverse cultures. Community Base, 113 Queens Road, Brighton, BN1 3XG www.cedp.org.uk

#### **CSV Media Clubhouse Brighton**

Radio and TV training, public speaking, computers, creative labs to get into the media. Courses range from day workshops to NVQ level 3 training and City and Guilds.

CSV Media Clubhouse, BBC Broadcasting House, 40-42 Queens Road, Brighton, East Sussex, BN1 3XB

#### **Futures Training Centres Ltd**

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Learndirect online courses in literacy and numeracy, IT and ESOL. Futures Training Centre, 44-46 Old Steine, Brighton, BN1 1NH

#### **Hakit - Hangleton and Knoll Project**

Providing computer training to people in the Hangleton and Knoll area. HKP, St Helens Church Hall, Hangleton, BN3 8ER

#### www.hangletoncommunitycentre.org.uk/hkp

www.csv.org.uk

01273 731730

www.futures-training.net

01273 412126

#### www.ampmittraining.co.uk/

01273 600262

01273 294930

### 01273 564185

#### 01273 671213

#### www.bucfp.org

#### 01273 234785

#### LENS

Provides employment rehabilitation with a focus on IT training to people with physical and mild mental health disabilities.

Globe House 3 Morley Street, Brighton, BN2 9RA

#### Lighthouse Arts and Training Ltd

Provides training courses in creative media such as photoshop, creative writing and digital media. Lighthouse 1, Zone B 28 Kensington Street, Brighton, BN1 4AJ www.lighthouse.org.uk

#### **Rewards TRC - Brighton Office**

Learndirect online courses in IT, literacy and numeracy Mitre House - First Floor, 149 Western Road, Brighton, BN1 2DD

#### SIGTA Ltd

Learndirect centre offering online courses in literacy, numeracy, IT, NVQ level 2 in health and social care and administration.

26 Abinger Road, Portslade BN41 1RZ

#### **Silicon Beach Training**

Offers a variety of business, computing and self-development training. 86 Gloucester Road, Brighton, BN1 4AP

#### **SCIP**

IT training and support, training, website and database design for voluntary and community groups in Sussex

Community Base, 113 Queens Road, Brighton, BN1 3XG

#### **Whitehawk Inn Training Centre**

Provides a variety of short courses and training programmes including, introduction to counselling, literacy, numeracy and IT.

Whitehawk Inn, Whitehawk Road (next to bus garage), Brighton, BN2 5NS

#### www.lens.freeuk.com

#### 01273 647197

01273 739028

01273 682357

01273 416989

www.rewards-trc.co.uk

www.sigta.co.uk

01273 622272

www.siliconbeachtraining.co.uk

#### 01273 234049

www.scip.org.uk

#### 01273 682222

www.whitehawkinn.org.uk



### Learning

#### **ESOL** (English for Speakers of Other Languages)

See also **Colleges** section for other ESOL courses.

#### **Bridge Community Centre**

An adult education centre offering a variety of short and longer courses including NVQ training in Catering and Level 1 Introduction to Counselling, IT, ESOL and more.

Bridge Community Education Centre, Lucraft Road, Moulsecoomb, Brighton, BN2 4PN

#### **Brighton Unemployed Families Centre**

Free and low cost courses in literacy, IT, languages, healthy living, arts, personal development and more. Free crèche.

6 Tilbury Place, Brighton, BN2 0GY

#### **Chinese Education and Development Project**

Runs EDCL, ESOL for black and minority ethnic background and anyone interested in diverse cultures. Community Base, 113 Queens Road, Brighton, BN1 3XG www.cedp.org.uk

#### **Cowley Club Migrant English Project**

Free English lessons and drop-in conversation for asylum seekers and refugees. Information, support and advice. Children welcome.

12 London Road, Brighton, BN1 4JA

#### **Futures Training Centres Ltd**

Learndirect online courses in literacy and numeracy, IT and ESOL. Futures Training Centre, 44-46 Old Steine, Brighton, BN1 1NH

#### **Friends Centre**

Provide a variety of taster courses and accredited courses in areas such as literacy, numeracy, yoga, ESOL, life studies, Certificate in Adult Learner Support and more.

23 Vine Street, Brighton BN1 4AG

#### **Hangleton and Knoll Project**

ESOL training. HKP, St Helens Church Hall, Hangleton, BN3 8ER

#### **Tomorrow's People**

Provides basic skills training (literacy and numeracy) and English as a foreign language for 16 - 18 year olds. Tomorrow's People, Wenlock House, 41/43 North Street, Brighton, BN1 1RH

01273 294930

01273 671213

www.bucfp.org

01273 234785

#### 01273 696104

www.migrantenglishproject.org

#### 01273 731730

www.futures-training.net

#### 01273 689265

www.friendscentre.org

#### 01273 722607

01273 863610

www.tomorrows-people.org.uk

www.hangletoncommunitycentre.org.uk/activities

#### **Self-development courses**

#### Allen Centre

Day centre for adults with mental health problems. Services include: arts & crafts sessions, anger & anxiety management and members own tea bar. Referrals via GP, CMHT & other health and social care professionals, forms available from the Allen Centre

60 Sackville Gardens, Hove, East Sussex, BN3 4GH

#### **BHT Learning Links**

A programme designed for insecurely housed people interested in work and learning. Includes training in interpersonal and practical skills as well as exploring career opportunities. Options to progress onto literacy and numeracy courses or work placements.

80 - 81 Marine Parade, Brighton, BN2 1AJ

#### **Brighton Unemployed Families Centre**

Free and low cost courses in literacy, IT, languages, healthy living, arts, personal development. Free crèche. 6 Tilbury Place, Brighton www.bucfp.org

#### **Care Co-ops**

Range of day, care, employment training and support services for people with mental health problems and/or learning disabilities.

Unit 5H, Westergate Business Centre, Westergate Road, Moulsecoomb, Brighton, BN2 4QN

#### **Connaught Adult Education Centre**

Offers courses such as Assertiveness, Communication Skills, Developing Self Esteem and Self Motivation. Connaught Road, Hove, BN3 3WB www.ccb.ac.uk

#### **First Base Lifeskills**

A life skills healthy living and sexual health drop in programme which takes place at First Base Day Centre. First Base, St Stephens Hall, Montpelier Place, Brighton, BN1 3BF

#### **YAC - Sort Yer Life Out**

Rolling programme of Life skills for 16-25 year olds. Ovest House, 58 West Street, Brighton, BN1 2RA

#### Motorvation

Offer a self-development and safe driving course for young people. Unit 8, Bell Towers Industrial Estate, Roedean Road, Brighton, BN2 5RU

#### www.southdowns.nhs.uk

#### 01273 603846

www.bht.org.uk

#### 01273 685300

www.careco-ops.org.uk

01273 736491

### 01273 326844

www.bht.org.uk

01273 828828

www.hoveymca.org.uk

01273 696576

#### www.creatingfutures.org.uk

### 01273 295560

### Learning

### Self-development courses continued...

#### **New Steine Mews Lifeskills**

Delivers six-week life, social and creative skills courses within a strong framework of embedded basic skills. There is a focus on tenancy sustainment and progression to mainstream initiatives such as Progress2Work Link-Up.

New Steine Mews Hostel, 1 New Steine Mews, Brighton, BN2 1QP

#### Next Step

Working with people aged 20+ with career advice and guidance, skills coaching and training courses in self development (e.g. assertiveness) and work skills (e.g. self-employment). They also have a career library at their main office.

47 Church Road, Hove, BN3 2BE

#### Peer 2 Peer

Gives people the opportunity to use their valuable life skills and experience to support others.

#### **Prince's Trust Team Programme**

12-week personal development course called Team that helps 16-25 year olds - the majority unemployed - to develop confidence, motivation and work skills through teamwork in the community. Tim Jones House, Rochester Gardens, Hove, BN3 3AW www.creatingfutures.org.uk

#### Relate

Relationship counselling, sex therapy, lifeskills courses. Relationship education in schools. 58 Preston Road, Brighton, BN1 4QF

#### **Satellite Services**

Adult education classes and drop-in groups for people with mental health difficulties in areas such as arts, cookery, languages, life skills etc. 79 Buckingham Road, Brighton, BN13RJ

#### Step on

16

A life skills and education programme for 13 - 19 year olds who are at risk of being socially excluded. www.creatingfutures.org.uk

Hanover House, 118 Queen's Road, Brighton, BN1 3XG

#### **Stepping Stone Project**

A 12 week training programme for teenage parents aged 16-20 accredited to OCN Level 1. The course includes sessions on child development, confidence building, and basic IT. A Connexions Teenage Parent PA provides engagement and progression support. There is a crèche on site. c/o Stopover Outreach

#### 01273 698024

#### 01273 697997

#### www.relate4u.org

#### 01273 749500

#### www.southdowns.nhs.uk

#### 01273 327162

01273 725340

0845 450 6075

www.nextstepsussex.org.uk

07970 861884 / 07834 979016

Offers training in conservation skills.

#### Uncommon Knowledge Ltd

Free online self-help courses. 12 Queens Square, Brighton, England, BN1 3FD

#### **Workability Brighton and Hove**

For people with mental health needs to explore options regarding education, training or work opportunities. 4th Floor Hanover House, 118 Queen's Road, Brighton, BN1 3XG www.impact-initiatives.org.uk

#### **Training Providers**

#### Access to Music

Offers training courses for performing musicians and creative music producers. C1 Enterprise Point, Melbourne Street, Brighton, BN2 3LH

#### ACT

A centre offering training in acting. Courses vary from workshops to 2 year BTEC courses. Academy of Creative Training Drama School, 8-10 Rock Place, Brighton BN2 1PF

#### **Adventure Unlimited**

Provide a free training course for unemployed adults in all areas of the outdoor industry including rock climbing, abseiling, and canoeing.

Adventure Unlimited, 64 Edward Street, Brighton, BN2 0JR

#### **AM:PM IT Services**

Learndirect centre offering training in Health and Social Care NVQ level 2 and ITQ. Tower Point, 44 North Road BN1 1YR

#### **Bridge Community Centre**

An adult education centre offering a variety of short and longer courses including NVQ training in Catering and Level 1 Introduction to Counselling. Bridge Community Education Centre, Lucraft Road, Moulsecoomb, Brighton, BN2 4PN

#### **Brighton and Hove Albion study support centre**

Provides literacy, numeracy, computer courses and Sport BTEC and Foundation Degree. Albion In The Community, Brighton & Hove Albion Football Club, Tower Point, 44 North Road, Brighton, BN1 1YR

#### **BTCV**

www.albioninthecommunity.org.uk/adult-education

02380 769719 www2.btcv.org.uk

01273 324343

01273 628363

www.accesstomusic.co.uk

#### 01273 818266

www.actedu.org.uk

#### 01273 681058

www.aultd.org

#### 01273 600262

www.ampmittraining.co.uk

#### 01273 294930

01273 564185



### www.uncommon-knowledge.co.uk

### Learning

### **Training Providers** *continued...*

#### Care Co-ops Catering

Offers work placement and training opportunities at their 20:20 café at the hospital and gardening at their community farm project.

Care Co-ops, Unit 5H Westergate Business Centre,

Westergate Road, Brighton BN2 4QN

#### **College of Natural Practice**

Diploma courses in Natural Practice Head Massage, Natural Practice, Ear Candling, and leisure courses in Body Massage, Back Massage, Thai Foot Massage. www.collegeofnaturalpractice.com

Top Flat Front, 33 Selborne Road, Hove, BN3 3AL

#### **Constructing Futures**

Offers training programmes in construction and painting and decorating. Constructing Futures, City College Brighton & Hove, Wilson Avenue, Brighton, BN2 5PB www.constructingfutures.co.uk

#### **CRI** Peer Mentoring

A training course to become a peer mentor to people who have addiction to drugs. This can also lead to the Progression Award.

Tower Point, 3rd Floor, North West Suite Tower Point,

44 North Road, Brighton, BN1 1YR

#### **CSV Media Clubhouse Brighton**

Radio and TV training, public speaking, computers, creative labs and get into the media courses offered. Ranging from short courses to NVQ level 3 training and City and Guilds.

CSV Media Clubhouse, BBC Broadcasting House,

40-42 Queens Road, Brighton, East Sussex, BN1 3XB

#### **First Base Catering Project**

Volunteer and training opportunities in the First Base kitchen. Training includes: cooking, ordering food, serving and cleaning the kitchen area. Volunteers can go on food hygiene and first aid courses. First Base, St Stephens Hall, Montpelier Place, Brighton, BN1 3BF

#### **Forest Rangers Lewes**

Offers both voluntary work to train as a forest ranger and a full forest ranger training course. Cathy Cordery, East Sussex County Council, County Hall, St Anne's Crescent, Lewes, East Sussex BN7 1UE.

www.cri.org.uk

#### 01273 720894

www.csv.org.uk

#### 01273 326844

#### www.careco-ops.org.uk

#### 01273 203433

#### 01273 677019

01273 667765

#### www.bht.org.uk

#### 01273 481563

01273 685300

#### **Friends Centre**

Provide a variety of taster courses and accredited courses in areas such as literacy, numeracy, yoga, life studies and a Certificate in Adult Learner Support.

23 Vine Street, Brighton, BN1 4AG

#### Hawk & Trowel Plastering Centre

Offers weekend, 5 day and 10 day plastering courses. 82 Stoneham Road, Hove, BN3 5HH

#### **Hove YMCA Sports**

Providing training for people aged 16 and upwards in Sports Leadership, FA level 1 which could lead to Brighton and Hove Youth Award Programme. 17 Marmion Road, Hove, BN3 5FS

#### Lighthouse Arts and Training Ltd

Provides training courses in creative media such as photoshop, creative writing, digital media and more. Lighthouse 1, Zone B, 28 Kensington Street, Brighton, BN1 4AJ

#### **Making Choices - Brighton and Hove City Council** 01273 293545

Introductory childcare courses.

#### Motorvation

18 week long mechanic training for young people. Unit 8, Bell Towers Industrial Estate, Roedean Road, Brighton, BN2 5RU

#### **Pitman Training**

Flexible training diplomas in becoming an accountant, legal secretary, executive PA. 44-46 Old Steine, Brighton, East Sussex, BN1 1NH www.pitman-training.com/brighton

#### **Rewards Training**

Online and flexible training in a variety of professions. Rewards Training Recruitment Consultancy Ltd, 149 Western Road, Brighton, BN1 2DD

#### SIGTA Ltd

Learndirect centre offering online courses in literacy, numeracy, NVQ level 2 in health and social care and administration.

26 Abinger Road, Portslade, BN41 1RZ

www.friendscentre.org

www.hawkandtrowel.com

#### 01273 715444

01273 557932

www.hoveymca.org.uk

#### 01273 647197

#### www.lighthouse.org.uk

01273 696576

www.creatingfutures.org.uk

www.brighton-hove.gov.uk

01273 220229

#### 01273 739028

#### 01273 416989

www.sigta.co.uk



### Learning

### **Training Providers** *continued...*

#### **Silicon Beach Training**

Offers a variety of business, computing and self-development training. 86 Gloucester Road, Brighton, BN1 4AP

#### St. John's Ambulance

Works to improve access to primary health care services for homeless people in across Sussex. Delivers practical training for professionals and homeless people, and works from primary health care units in the community, Brighton and Hastings.

St John Ambulance Homeless Service, SJA Headquarters, Crowhurst Corner, Crowhurst Road, Brighton, BN1 8AP

#### **Sussex Sport**

Running a Community Sport Leaders Award nationally recognised NVQ level 1 equivalent aimed at developing sports leadership skills.

#### **Working Together Project**

Training in mentoring, fundraising, management and finance and other courses relating to working in and running charities. The training is free for community activists, volunteers, paid workers and management committee members and is delivered in community venues.

Community Base, 113 Queens Road, **Brighton BN1 3XG** 

#### **YMCA Training**

20

Provider of NVQ training specialising in child care and health & social care to under 25s. Training Centre 131A Stapley Road, Hove, BN3 7FG

### **Colleges and University**

Many organisations provide courses. See also training, short courses, IT, Skills for Life, self - development courses and back to work support.

#### **Brighton Hove and Sussex Sixth Form College**

16-18 Sixth Form College providing A - levels and apprenticeships. 205 Dyke Road, Hove, BN3 6EG

#### **Brighton Institute of Modern Music**

Provides Certificates, Diplomas and Degrees in music and music business subjects. Also has summer schools. 7 Rock Place, Brighton, BN2 1PF www.bimm.co.uk

www.siliconbeachtraining.co.uk

#### 01273 371500

www.sja.org.uk

01273 292726

01273 622272

#### 01273 234773

www.sussexsport.org

www.workingtogetherproject.org.uk

www.ymcatraining.org.uk

01273 552200

www.bhasvic.ac.uk

#### 01273 626666

#### **City College Brighton & Hove**

Provides a wide range of academic, vocational, further education and leisure courses. Pelham Street, Brighton, BN1 4FA

#### Northbrook College

Campuses based in Shoreham and Worthing offering a wide range of courses from short courses, courses for adults with learning difficulties, apprenticeships, further and higher education.

#### Northbrook College Sussex Shoreham Airport,

Shoreham by Sea, West Sussex, BN43 5FF

#### Plumpton College

Land-based education and training, offering a wide range of courses, full time, part time, and short courses from entry level to degree level. Ditchling Road Plumpton, Lewes, BN7 3AE www.plumpton.ac.uk

**Portslade Community College** 

An adult education centre offering short introductory courses, GCSEs, A-levels, AS levels and OCRs. Chalky Road Portslade, Brighton, BN41 2WS

#### Sussex Downs College, Lewes Campus

Further education, higher education, international study and lifelong learning in all areas. Includes a Learndirect Centre.

1 Mountfield Road, Lewes, BN7 2XH

#### Varndean College

College providing a variety of courses from short introductory courses to Access and BTEC. Varndean College Surrenden Road, Brighton, BN1 6WQ www.varndean.ac.uk

#### **University of Brighton**

Offering degrees, diplomas, short courses, workshops and evening classes. Mithras House Lewes Road, Brighton, BN2 4AT

#### **University of Sussex**

Offering degrees, diplomas, and short adult education courses (see CCE in short courses). Falmer, Brighton, BN1 9RH www.sussex.ac.uk

#### www.ccb.ac.uk

01273 667788

#### 01273 234350

www.nbcol.ac.uk

01273 890454

### 01273 416300

#### www.pcc-web.com

#### 01273 483188

#### www.sussexdowns.ac.uk

#### 01273 508011

01273 600900

www.bton.ac.uk

### **Preparing for Work**

### **Back to work support**

#### **50+ Training for work**

Independent information, advice and guidance service to support people over the age of 50 to improve their employability and achieve job readiness. www.impact-initiatives.org.uk

#### A place at the table

Provide job fairs focused on providing a comfortable environment for LGBT clients.

#### **Agora Development**

Supporting unemployed graduates into employment through training advice & relevant work experience. 1st Floor, 11 South Road, Brighton, BN1 6SB www.agoradevelopment.co.uk

#### **Armed Forces Careers Office**

Career advice for people interested in entering the armed forces. 120-121 Queens Road, Brighton, BN1 3WB

#### **ASpire Project**

Provide 1:1 support for individuals with Asperger Syndrome or similar social skills issues. They help them access employment and training options, develop lifeskills, develop social opportunities. They match people with a mentor who can help them access voluntary work, education, and employment.

1st Floor, Intergen House,

65-67 Western Road, Hove, BN3 2JQ

#### Breakaway Supported Employment Services

Breakaway provides 1:1 advice, support and assistance to both individuals and employers through the New Deal for Disabled People (only those coming off benefits and going into full-time work at +16 hours). Chandlers Wharf Railway Lane, Lewes, BN7 2AQ www.southdownhousing.org

#### **Brighton & Hove City Council Supported Employment Team**

Offering engagement and outreach support in areas of deprivation providing engagement and support in employment and training and work placements within the City Council.

Knoll Business Centre, Old Shoreham Road, Hove, BN3 7GS

#### **Brighton and Hove Federation for the Disabled**

Providing employment advice for disabled people. Snowdon House, 3 Rutland Gardens, Hove, BN3 5HA 01273 208934

www.bhfederation.org.uk

#### 01273 229008

#### 01273 294671 / 01273 224590

#### 01273 325096

### www.aspire.bhci.org

#### 01273 405800

01273 296090

### www.lgbtjobfair.co.uk

0845 058 0900

#### **Brighton YMCA - Working Support Service**

A support service for employed individuals who are living within or receiving services within the Integrated Support Pathway and are experiencing problems that may be compromising their ability to sustain their employment. They provide a support worker for 6 months who can help with issues including benefits, budgeting, stress management, isolation and any other issues relating to their employment.

#### **Care Co-ops**

Provide support to adults with mental health support needs to return to employment and/or learning through advice, training and supported work placements.

Unit 5H, Westergate Business Centre, Westergate Road, Brighton, BN2 4QN

#### **Career Develpment Group**

Trainers for Job Centre Plus. Provide careers guidance and training to the long term unemployed and those seeking work placements. Referrals through the job centre.

www.careerdevelopmentgroup.org.uk

#### **Chinese Educational Development Project**

Free educational advice and counseling services for the Chinese population of Brighton & Hove. Community Base 113 Queens Road, Brighton, BN1 3XG www.cedp.org.uk

#### **Creating Futures Ltd**

Information and Guidance for employment, training and education service for offenders under orders of Sussex Probation from HMP Lewes and HMP Ford.

#### **Employment Opportunities**

Provides a service for people with disabilities to gain employment and supports people with disabilities who are already in employment.

c/o Blatchington Court Trust, Ridgeland House, Dyke Road, Hove, BN3 1TL

#### **Employment Solutions**

Providing support to people on incapacity or with a long term health problems to get help with finding a job, and assistance with finance around starting a job including benefit protection and a job start grant. Once in a job they provide job coaching, training, equipment and on going support.

www.employmentsolutions-rbli.org

#### **Ethnic Minorities Visibility Initiative (EMVI)**

Advice and guidance on education, training and access to employment to BME. 368 Old Shoreham Road Hove, Hove, BN3 7HA

#### 01273 234800

01273 73597

#### 01273 810313

#### www.creatingfutures.org.uk

#### www.opportunities.org.uk

01273 747537

01273 685300

#### www.careco-ops.org.uk

01273 723086

#### 0800 783 1144

### **Preparing for Work**

#### Back to work support continued...

#### **Friends Centre - English for**

#### **Speakers of Other Languages (ESOL)**

Work with beneficiaries from BME background offering work skills courses which include help with CV writing, interview skills and communication at work. They also offer an information and advice service to help beneficiaries find work and to arrange 6 week supported work placements for them.

23 Vine Street, Briahton BN1 4AG

#### **Job Centre Plus: Brighton**

Windsor House, 30-35 Edward Street, Brighton, BN2 0LN

#### **Job Centre Plus: Hove**

Boundary House Boundary Road, Hove, BN3 7HD

#### Jubilee Library - Career advice for adults

Free drop-in service at Jubilee Library offering career advice and guidance to adults on the 1st and 3rd Thursday of each month from 10.30am - 1.30pm. Jubilee Library, Jubilee Street, Brighton, BN1 1GE

#### Kennedy Scott Ltd

A training provider for people on health related benefits offering a tailored service for disabled clients or those with health issues, providing them with the support, skills and treatment they need to overcome any employment barriers they face.

Hanover House, Ground Floor, 118 Queens Road, Brighton, BN1 3XG

#### LENS

Provides employment rehabilitation with a focus on IT training to people with physical and mild mental health disabilities.

Globe House, 3 Morley Street, Brighton, BN2 9RA

#### Limited Editions (RFET)

Provides employment support and training to people with mental health issues. 8 Arundel Place, Brighton, BN2 1DG www.communigate.co.uk/sussex/limitededitionsrfet

#### Mencap - Choose Work

Supporting people on disability benefits return to work.

#### www.friendscentre.org

01273 647400

01273 689265

www.jobcentreplus.gov.uk

01273 368100 www.jobcentreplus.gov.uk

#### 01273 290800

www.citylibraries.info

#### 01273 823285

#### www.kennedyscott.co.uk

### 01273 682357

www.lens.freeuk.com

#### 07978 936244

<b>Rainer</b> Support for people about to start employment	07856 6868
Richmond Fellowship Job Broker Service Support for anyone on health related benefits to get into paid work Richmond Fellowship, 8 Arundel Place, Brighton, BN2 1GD	01273 5713 «. www.richmondfellowship.org.
Scope Job Broker Service Assisting disabled people and people with health conditions into w	01273 5428 vork. <u>www.scope.org</u> .
<ul> <li>Sussex Careers Service - Connections</li> <li>Information, advice and guidance for 14 to 19 year olds. Also have a explore their career options.</li> <li>42 Frederick House Frederick Place, Brighton, BN1 4EA</li> </ul>	0845 450 60 a career library where people can www.connexions-sussex.org
Take TwoMeaningful employment for people with severe mental health probsupport, allowance and subsidised transport.Unit 11, Bell Tower Industrial Estate, Roedean Road, Brig	

#### The Big Issue

Provide a source of income to homeless people.

#### **Tomorrow's People**

Provides basic skills training (literacy and numeracy) and English as a foreign language for 16 - 18 year olds. Tomorrow's People, Wenlock House, 41/43 North Street, Brighton, BN1 1RH

**TUC Unemployed Workers Centre: Brighton & Hove (BHUWC)** 

Providing benefit and employment advice, free computer and cheap internet access, free clothes, drop in centre, minibus for hire, campaigning group.

4 The Crestway, The Crestway, Brighton, BN1 7BL

have a career library at their main office.

Providing career advice and guidance, skills coaching and training courses to people aged 20+. They also

#### 47 Church Road, Hove, BN3 2BE

Next Step

#### R

#### S

#### S

#### T

www.tomorrows-people.org.uk

#### 0845 450 6075

D

www.nextstepsussex.org.uk

#### 362

393

<u>g.uk</u>

303 g.uk

#### )71

<u>g.uk</u>

#### 04

01273 234781

01273 722607

01273 540717

www.bhuwc.org.uk

www.bigissue.com

### **Preparing for Work**

### Back to work support continued...

#### Want to Work

Outreach workers provide one to one support and assistance for people living in neighbourhood renewal areas, are on benefits needing help with career advice and applying for jobs. Job Club drop-ins on Friday 9.30am-12 noon.

#### Working Links Progress2Work

Provides advice, guidance and training to help people get into work. 27-29 North Street 2nd Floor, Brighton, BN1 1EB

#### **Working Support Service**

A support service for employed individuals who are living within or receiving services within the Intergrated Support Pathway and are experiencing problems that are compromising their ability to sustain their employment.

#### Young Peoples' Centre

Support for young people who wish to gain employment or enter into training. Providing workshops and training to develop people's skills as well as one to one support and guidance where required. 69 Ship Street, Brighton, BN1 1AE www.impact-initiatives.org.uk

### **Work Preparation Programmes**

#### **BHT Learning Links**

A programme designed for insecurely housed people interested in work and learning. Includes training in interpersonal and practical skills as well as exploring career opportunities. Options to progress onto literacy and numeracy courses or work placements.

80 - 81 Marine Parade, Brighton, BN2 1AJ

#### Brighton & Hove City Council Supported Employment Team

Offering engagement and outreach support in areas of deprivation providing engagement and support in employment, training and work placements within the City Council.

Knoll Business Centre, Old Shoreham Road, Hove, BN3 7GS

#### **Business Action on Homelessness**

A project providing training and work placement opportunities for homeless people with the objective of enabling single homeless people to gain employment and move towards more independent living. Business Action on Homelessness, PO Box 331, Brighton BN50 9AD

#### Care Co-ops

Range of day, care, employment, training and support services for people with mental health problems and/or learning disabilities including work placement programmes.

Unit 5H, Westergate Business Centre, Westergate Road, Moulsecoomb, Brighton, BN2 4QN

#### -

#### 01273 603846

www.bht.org.uk

01273 296090

#### 01273 770089

#### 01273 685300

www.careco-ops.org.uk

01273 747537

01273 230130

#### 01273 774010

01273 296990

www.workinglinks.co.uk

#### **City College Brighton & Hove Learning Difficulties Programme**

Providing taste of work programmes for people with learning difficulties. Pelham Street, Brighton, BN1 4FA

#### **Dv8** Training

Currently Delivering through E2E to engage young people into education and provide them with the skills to progress into employment, education or training. Specializing in Creative Industries and Music Vocational training.

39-41 Surrey St, Brighton, East Sussex, BN1 3PB

#### **Friends Centre - English for** Speakers of Other Languages(ESOL)

Work with beneficiaries from BME background offering work skills courses which include help with CV writing, interview skills and communication at work. They also offer an information and advice service to help beneficiaries find work and to arrange 6 week supported work placements for them.

23 Vine Street, Brighton, BN1 4AG

#### Kennedy Scott Ltd

A training provider for people on health related benefits offering a tailored service for disabled clients or those with health issues, providing them with the support, skills and treatment they need to overcome any employment barriers they face.

Hanover House Ground Floor, 118 Queens Road, Brighton, BN1 3XG

#### LENS

Provides employment rehabilitation with a focus on IT training to people with physical and mild mental health disabilities.

Globe House, 3 Morley Street, Brighton, BN2 9RA

#### Nacro

Training and advice for young people who are vulnerable or at risk due to low basic skills, an offending background and/or unemployment. Training in media production, employability, internet, life and basic skill, through workshops in outreach in community settings.

#### Unit D5, Enterprise Point, Melbourne Street, Brighton, BN2 3LH

#### **Next Step**

Provide various support and training programmes including 'Job Search Skills', 'Preparation for Work', and 'Exploring Self-Employment.

47 Church Road, Hove, BN3 2BE

### www.dv8training.com

01273 689265

#### 01273 823285

www.kennedyscott.co.uk

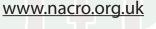
#### www.lens.freeuk.com

#### 01273 704010

01273 682357

01273 766624

### www.friendscentre.org



0845 450 6075

www.sussexcareers.com

### 01273 667788 www.ccb.ac.uk

### **Preparing for Work**

### Work Preparation Programmes continued...

#### **Prince's Trust Team Programme**

12-week personal development course called Team that helps 16 - 25 year olds - the majority unemployed - to develop confidence, motivation and work skills through teamwork in the community. Tim Jones House, Rochester Gardens, Hove, BN3 3AW www.creatingfutures.org.uk

#### **Take Two**

Meaningful employment for people with severe mental health problems. Provides full training, staff support, allowance and subsidised transport

Unit 11 Bell Tower Industrial Estate Roedean Road Brighton East Sussex BN2 5RU

#### **Tomorrow's People Trust: Brighton**

Offers training and guidance to help people to work through basic skills and ESOL classes - apply through the Job Centre.

Hanover House, 118 Queens Road, Brighton, BN1 3XG

#### **Workability Brighton and Hove**

Offers a service for people with disabilities and health needs to explore options regarding education, training or work opportunities.

4th Floor Hanover House 118 Queen's Road, Brighton, BN1 3XG

#### **Working Links**

Provide support and training to help people in getting back to work. Training includes customer service, self-employment and interview skills.

27-29 North Street 2nd Floor, Brighton, BN1 1EB

#### **Working it out**

A programme for 16-18 year olds providing backto work support. 205a Preston Road, Brighton, BN1 6SA

### Self employment

#### **East Brighton Business Support**

#### Working within the eb4U area to assist people, community groups and existing businesses to access business planning and advice to grow the local economy.

Westergate Business Centre, Westergate Road, Moulsecoomb, Brighton, BN2 4QN

#### **City College Brighton & Hove**

Provides a wide range of academic, vocational, further education and leisure courses. Pelham Street, Brighton, BN1 4FA

01273 821789

#### 01273 324343

01273 563916

01273 774010

www.tomorrows-people.org.uk

#### 01273 296767

01273 667788

www.ccb.ac.uk

01273 722111

#### www.tomorrows-people.org.uk

www.impact-initiatives.org.uk

#### Inbiz Advice, guidance and practical support needed to help put ideas into action. Enterprise House, 83a Western Road. Hove, BN3 1JB Next Step Provide various support and training programmes including 'Job Search Skills', 'Preparation for Work', and

'Exploring Self-Employment.

47 Church Road, Hove, BN3 2BE

**Crisis Changing Lives** 

#### **Prime Initiative**

Start-up advice for the over 50's. Astral House, 1268 London Rd, London, SW16 4ER

#### **Prince's Trust Business Programme**

Provides support and funding for 18 - 30 year olds to start their own business. Tim Jones House, Rochester Gardens, Hove, BN3 3AW

a person to cover course costs or to help them start their own business.

Crisis, 66 Commercial Street, London, E1 6LT

#### Shell LiveWIRE

Support for the creation and growth of technology and knowledge based companies in Sussex. Design Works Unit 15, William Street, Felling, Gateshead, Tyne & Wear, NE10 0JP

#### **Sussex Enterprise**

Practical help and expert guidance for small and medium sized businesses. Greenacre Court Station Road, Burgess Hill, RH15 9DS www.sussexenterprise.co.uk

#### **The Joy of Business**

Provides advice and support to small businesses in Brighton and Sussex.

#### The Resource Centre

The Resource Centre provides advice & support on starting up a group. Responsive support - tailored to the specific needs of a group at any particular time. The Unemployed Families Centre, 6 Tilbury Place, Brighton BN2 0GY

www.princes-trust.org.uk

#### 0845 757 3252

www.thejoyofbusiness.co.uk

www.inbiz.co.uk

#### 0845 450 6075

www.sussexcareers.com

0800 783 1904

www.primeinitiative.org.uk

01273 821789

### 0845 068 0888

01273 606160

0845 678 8867

#### 0870 011 3335 Can provide funding for homeless people to achieve a vocational goal. They can provide up to £2000 for

#### www.crisis.org.uk

01273 764 737

### **Work Placements**

In addition to providers listed here many organisations may offer volunteer opportunities or work placements when contacted directly.

#### **Agora Development**

Supporting unemployed graduates into employment through training advice & relevant work experience.

1st Floor, 11 South Road, Brighton, BN1 6SB

#### **BHT Learning Links**

A programme designed for insecurely housed people interested in work and learning. Includes training in interpersonal and practical skills as well as exploring career opportunities. Options to progress onto literacy and numeracy courses or work placements.

80 - 81 Marine Parade, Brighton, BN2 1AJ

#### **Brighton & Hove Drug & Alcohol Action Team -**General volunteer placements

General volunteer placments.

4th Floor, Ovest House, 58 West Street, Brighton, BN1 2RA

#### **Business Action on Homelessness**

A project providing training and work placement opportunities for homeless people with the objective of enabling single homeless people to gain employment and move towards more independent living. Business Action on Homelessness, PO Box 331, Brighton, BN50 9AD

#### Care Co-ops

Range of day, care, employment, training and support services for people with mental health problems and/or learning disabilities including work placement programmes.

Unit 5H, Westergate Business Centre, Westergate Road, Moulsecoomb, Brighton, BN2 4QN

#### **Castleham Hove**

Offers a complete service over three company divisions; assembly, embroidery, product and paper printing and offers supported employment placements.

#### **Friends Centre - English for** Speakers of Other Languages (ESOL)

Work with beneficiaries from BME background offering work skills courses which include help with CV writing, interview skills and communication at work. They also offer an information and advice service to help beneficiaries find work and arrange 6 week supported work placements.

#### 23 Vine Street, Brighton, BN1 4AG

#### www.friendscentre.org

01273 770089

#### 01273 685300

01273 296095

01273 689265

www.careco-ops.org.uk

01273 603846

www.bht.org.uk

#### 01273 292949

#### 0845 058 0900

www.agoradevelopment.co.uk

#### **Kennedy Scott Ltd.**

A training provider for people on health related benefits offering a tailored service for disabled clients or those with health issues, providing them with the support, skills and treatment they need to overcome any employment barriers they face including work placements.

Hanover House, Ground Floor,

118 Queens Road, Brighton, BN1 3XG

#### **RFET Limited Editions**

Provides a service to people with mental health needs to find and sustain paid employment including work placements.

8 Arundel Place, Brighton, BN2 1GD

www.kennedyscott.co.uk

www.richmondfellowship.org.uk





#### 01273 571373

### Volunteering

#### Concordia

Providing a wide range of volunteer placements in UK and international projects. Concordia, 19 North Street, Portslade, BN41 1DH

#### **Brighton and Hove Volunteer Centre**

The Volunteer Centre Brighton and Hove helps to identify volunteering opportunities for people who want to volunteer in not-for-profit organisations.

Volunteer Centre Brighton & Hove, Intergen House,

65-67 Western Road, Hove, BN3 2JO

#### Millennium Volunteers

Provides people aged 16 - 24 with information about voluntary work helping them log the time they www.creatingfutures.org.uk spend volunteering and develop their skills.

#### National Trust Central Volunteering Team

Volunteer opportunities in the National Trust. The National Trust, Heelis, Kemble Drive, Swindon, SN2 2NA www.nationaltrust.org.uk/main/w-trust/w-volunteering

#### **South Downs Health**

Volunteer opportunities in the NHS.

#### **Time Bank**

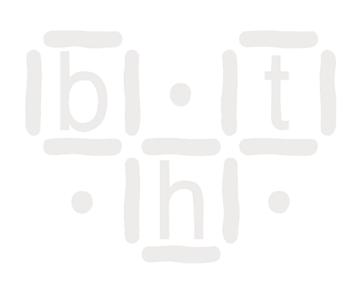
TimeBank is a national charity inspiring and connecting people to share and give time. TimeBank, 2nd Floor, Downstream Building,

1 London Bridge, London, SE1 9BG

#### **WWOOF**

In return for help on organic farms, gardens and smallholdings - meals, accommodation and the opportunity to learn are received. Opportunities available in the UK and internationally. www.wwoof.org

Moss Peteral, Brampton, CA8 7HY



01273 422218

www.concordia-iye.org.uk

#### 01273 737888

0870 609 5383

www.southdowns.nhs.uk

0845 456 1668

www.timebank.org.uk

01273 234779

www.brightonhovevolunteers.org.uk

### Funding

There are many opportunities for people to gain funding for courses and to start their own business. Some courses are free and most colleges have a fund to be able to offer reduced rate or free courses, however there is limited availability so it is worth applying early. Additionally there are the following organisations that provide help on where to access funds to study or work:

#### **Adult Learner Grant**

ALG is a means tested allowance of up to £30 per week to adults resident in England studying full-time for a first full level 2 or first full level 3 qualification. It's open to everyone aged 19 or over, enrolled in a full time course as long as they are not in receipt of means tested benefits.

www.learndirect-advice.co.uk

#### **Apprenticeships**

Apprenticeships are funded by the Learning Skills Council (LSC). On-the-job training, and opportunities to study for a nationally recognised qualification such as an NVQ and earn money while learning.

www.apprenticeships.org.uk (keyword: funding)

#### **Army Education Grants**

If considering a career in the army after doing a degree, education grants may be provided by the armed services. www.armyjobs.mod.uk

#### Care to Learn

Care to learn may be able to pay for childcare and extra costs for under 20 year olds.

www.dfes.gov.uk/caretolearn

#### **Career Development Loans**

Lend money between £300 and £8,000 to help fund up to two years of learning.

#### **Crisis Changing Lives**

Can provide grants for homeless people to achieve a vocational goal. They can provide up to £2000 for a person to cover course costs or to help them start their own business.

Crisis, 66 Commercial Street, London, E1 6LT

#### **Free Level 2 tuition**

Free tuition is now available for all Adults who: Are aged over 19, do not have a full Level 2 qualification (NVQ Level 2 or City and Guilds or 5 GCSEs grades A-C). (Some Adults may be eligible for free tuition to Level 3).

#### **Further Education Grants: East Sussex**

The County Council will consider applications for financial assistance with courses at universities and other institutes of further and higher education.

#### PO Box 4, County Hall, St Anne's Crescent, Lewes, BN7 1SG

www.eastsussex.gov.uk/educationandlearning

### www.direct.gov.uk

0800 585505

### 0870 011 3335

#### www.crisis.org.uk

0800 100 900

### 0800 100 900

### Funding

#### **Kennedy Scott Ltd**

A training provider for people on health related benefits offering a tailored service for disabled clients or those with health issues. Fund a range of training opportunities to suit people's needs and interests.

Hanover House, Ground Floor,

118 Queens Road, Brighton, BN1 3XG

#### Learner Accounts

Provide funding for adults to take part in education courses. Next Step, 47 Church Road, Hove, BN3 2BE

#### **Learner Support fund**

Socially disadvantaged people can apply for funds for tuition, exam fees, childcare, living costs, course materials. This funding is administered through most colleges and universities.

### www.learndirect-advice.co.uk

#### **NHS Students Grants**

Students studying for a health-related degree may be eligible for a bursary supplied by the NHS.

#### www.nhsstudentgrants.co.uk

#### **Prince's Trust Business Programme**

Provides support and funding for 18 - 30 year olds to start their own business. Tim Jones House, Rochester Gardens, Hove, BN3 3AW www.princes-trust.org.uk

#### **Social Work Funding and Bursaries**

For students studying social work courses.

#### Skills For Life (Literacy and Numeracy)

Provide information pack about free literacy, numeracy and language learning and information about courses.

#### Working Links - Progress2Work

Provide support to people who are in recovery from drugs or alcohol, homelessness or a conviction. Support can include arranging training or further education. www.workinglinks.co.uk

#### 27-29 North Street, Brighton, BN1 1EB

0800 100 900

01273 821789

<u>www.gscc.org.uk</u>

0800 100 900

www.dfes.gov.uk

#### 01273 766401

0845 450 6075

www.kennedyscott.co.uk

01273 823285

www.sussexcareers.com

#### Information and advice on funding

#### AimHigher

A national programme run by the Higher Education Funding Council for England (HEFCE) with support www.aimhigher.ac.uk from the DfES. Comprehensive information on all aspects of student life.

#### Brighton and Hove Council Student Support

Information and advice for students wanting to enter further or higher education including finances. www. brighton-hove.gov.uk

#### **British Council**

Comprehensive information for both UK and international students.

#### **Direct Gov**

Information on all aspects of student funding for UK and international students.

#### Educational Grants Advisory Service (EGAS)

Offers guidance and advice on funding and maintains a database of trusts and charities that assist students (part of the Family Welfare Association (FWA)) www.egas-online.org.uk

#### **East Brighton Flexi Fund**

If you are aged 16 - 65 and live in the council ward of East Brighton they may be able to Provide access to funding which could pay for things you might need to get work or learning.

Brighthelm, North Road, Brighton, BN1 1YD

#### Learndirect

Information on courses and funding.

#### Prospects

Postgraduate funding links.

#### Scholarship Search UK

Includes funding information, budget planner and repayment loan calculator.

#### **SKILL - National Bureau for Students with Disabilities**

For students with disabilities and people calling on their behalf. Although not providing grants or funding directly they can refer onto other organisations which may be able to help.

01273 324343

0800 100 900

#### www.prospects.ac.uk

www.learndirect.co.uk

#### www.scholarship-search.org.uk



01273 293603

www.directgov.gov.uk

www.britishcouncil.ora



0800 328 5050

www.skill.org.uk

### Funding

#### Information and advice on funding continued...

#### **Student Finance Direct**

This is a service delivery partnership between the Student Loans Company, the DfES and various local authorities. Free downloadable forms and guides on all aspects of student finance e.g. child care for student parents, confirmation of benefits while studying, disabled students' allowance etc. Hard copies of these forms and guides are available from your Local Authority.

#### www.sudentsupportdirect.co.uk

#### **Teacher Training**

For information about the various routes to becoming a teacher, including what support may be available, contact the Training and Development Agency for Schools <u>www.tda.gov.uk</u>

#### UCAS

Information on student funding. Also includes information for parents/guardians/care leavers going into higher education.

#### **UKCOSA The Council for International Education**

Includes information for UK students contemplating study abroad and advice for international students planning to study in the UK.

www.ukcosa.org.uk

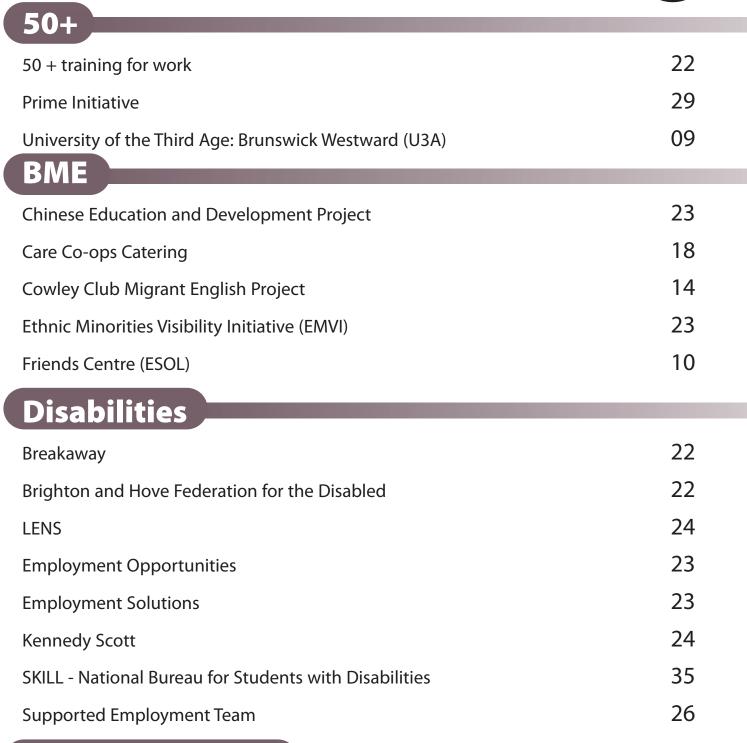




#### www.ucas.com

#### 0845 600 0991

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email karen.kingsland@brighton-hove.gov.uk for information on all services.

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